

Weekly Update 12<sup>th</sup> December 2024

Dear Parents and Carers,

I hope you have all had a good week as we venture further into January. I hope 2024 is shaping up to be a good year for you and your family.

**Unlock Five Reading Initiative:** We have launched an exciting new reading initiative called 'Unlock Five' this term, which aims to open the doors to fantastic ideas, characters, stories, cultures and understanding for all our pupils. We have hand-picked 8 brilliant books for each class which include a range of classics, books from other cultures, information books, poetry books, books with a Christian ethos, award winning books and many others. The children have been challenged to read or be read to at least 5 of the 8 books over the course of the year to enrich their reading diet. We have copies of the books displayed in each classroom for children to enjoy and teachers will share some of these over the year. Please see the attached chart of books for each class so you can also look out for these in local libraries too. Children who have read or had read to them 5 of the 8 books will earn an Unlock Five keyring fob at the end of the year.

**Dates for your Diary:** Please check the Dates for your Diary for this term: <u>https://docs.google.com/document/d/10-Qagv3rcTOhllGpgLuw5Jpz\_roi8-UQP-67qL45jBc/edit</u>

**Habits of Mind, Resilience:** We continue to focus on Resilience as our Habit of Mind for this half term. Mrs Roberts led a fantastic Collective Worship all about having resilience when working towards our dreams and goals. We thought about all those hurdles that can stop us in our tracks such as doubt, distractions, trying to achieve something too quickly and losing interest over time. Becoming ever-more resilient is a lifelong endeavour and a habit well worth growing in our early years. *"Do not become weary in doing good for at the proper time we will reap a harvest if we do not give up."* (Galatians 6:8).

**Sleep:** Another vitally important habit to develop is good and consistent sleeping patterns and routines. The benefits of good sleeping patterns are numerous and likewise poor sleeping patterns can have a significant impact on a child's wellbeing and ability to do their best, manage challenges and learn new things. This might be a really powerful goal to set for 2024 with your children. Please take a look at the NHS guidance from Great Ormond Street Hospital for some helpful tips to build good sleep routines and patterns. <u>https://www.gosh.nhs.uk/conditions-and-treatments/procedures-and-treatments/sleep-hygiene-children/</u>

If this is a particular concern for your child then do speak to a GP or we can help you make a referral to the school nurse team.





We are walking in the Footsteps of Jesus with Love Trust and Forgiveness Romsev Abbev Primary School, Church Lane, Romsey. SO51 8EP 01794 512047 adminoffice@romseyabbey.hants.sch.uk **Nuts and Chocolate Spread:** A reminder that we have a number of children with severe nut allergies within school and therefore products containing nuts should not be brought into school. The overwhelming majority of chocolate spread have hazelnut as a base ingredient so again we ask that chocolate spread is avoided in lunch boxes - the risk is just too high. Thank you for your understanding.

**Year R Applications:** The deadline for applications for Year R places in September 2024 is at midnight on Monday 15th January. If you know of a family with a child starting school in September please remind them to apply if they have not already done so.

## Prayer:

Dear God,

We thank you that we can get inspired about different dreams and goals in our lives. We thank you for those around us who cheer us on our way. Help us to persevere in what is good and to have strength not to fall into the traps that stop us doing our best and may we be an ever-encouraging friend to others as they work towards their goals. Amen

Have a lovely weekend everybody.

Mr Harris

---

Mr Mark Harris Headteacher Romsey Abbey Church of England Primary School 01794 512047 "Walking in the Footsteps of Jesus with Love, Trust and Forgiveness"